

International Conference

Mentoring – Potentials for the advancement of female careers in European academia and research and Gender Equality Plans

02. - 03. September 2024, Constanța, Romania

Travel Guide Constanţa Maritime University

Constanța, Romania

Dear Guests and Participants,

To make your arrival and stay in Constanţa as pleasant as possible, please find enclosed some practical information about the conference venue, about Constanţa, transportation tips and sightseeing.

Venue of the conference

The activities will take place at:

Universitatea Maritimă din Constanţa (Constanţa Maritime University)
Str. Mircea cel Bătrân nr. 104, postal code 900663, Constanţa (in the city center)



Constanţa Maritime University (city center)
Mircea cel Bătrân Street no. 104, Constanţa 900663, Romania

Here you can find the location on Google Maps!





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Travel Info

Flights

The main airport is Henri Coanda International Airport (BUH) in **Bucharest-Otopeni**, which is about 250 km away from Constanta. There are many daily flights coming and going to Bucharest.

There is also a small airport near **Constanţa** – Mihail Kogalniceanu Airport (CND), with just a couple of flights every week (to/from London and Istanbul for example): https://www.mk-airport.ro/en.

Bucharest Airport to Constanţa

From the Bucharest airport, you have a couple of options to get to Constanta: bus, train, rent a car.

<u>Bus</u>

There are a couple of bus companies on the route Bucharest Airport – Constanta – Bucharest Airport.

- DIRECT Aeroport: https://direct-aeroport.ro/ Costs one way 140 Lei, both ways 260 Lei.
- ALT Transport persoane: https://alt-transportpersoane.ro/en/home/ Costs one way 170 Lei, both ways 320 Lei.
- KIRVAD Tour: https://kirvad.ro/ Costs one way 140 Lei, both ways 260 Lei. . Schedules are every hour. You can book online and pay by card.

Train

For catching the train to Constanta you need to go from **Bucharest-Otopeni** (BUH airport) to the **Bucuresti Nord Railway Station**. Timetable for Constanta. https://www.cfrcalatori.ro/en/
You can book online minimum 6 hours in advance. We advise you to book your train tickets 1-2 days in advance, because the train may be full.

Car rental

You can rent a car using one of the comparing sites: https://www.holidayautos.com/

Transport in Constanța

To travel within Constanta, we recommend you use taxis: **BOLT** or **UBER** or the official yellow taxis (please make sure they use the meter to avoid bargaining). Prices vary depending on distances, but they are relatively cheap (5-10 Euro).

Currency

The Romanian Lei (RON) is the official currency. The exchange rate is approximately 1 € =~ 5 RON https://www.xe.com/currency/ron-romanian-leu/ or https://www.oanda.com/currency-converter/en/ We recommend to use your credit/debit cards (including Revolut). If you need cash money, you can withdraw from cash machines or change Euros into Lei in the Exchange offices (make sure it is written "Comision zero" to avoid being overcharged).



European Network of Mentoring Programmes for the Advancement of Equal Opportunities and Cultural and Institutional Change in Academia and Research

Local weather and time

https://www.accuweather.com/en/ro/constanta/287719/weather-forecast/287719 https://www.wetteronline.de/wetter/konstanza

Local time: is GMT + 1 hour

Accommodation

We suggest booking the rooms at www.booking.com or any other online platform, mainly near the old city centre, which has plenty options of hotels and prices, and within walking distance from the venue of the project activities.

Here are some ideas:

- Hotel Mava: https://mava-apartamente.ro/
- Hotel Oxford: https://hoteloxford.ro/
- Hotel Del Mar: https://hoteldelmar.ro/
- Hotel Nevada: https://www.hotel-nevada.ro/
- Hotel Malibu: https://hotelmalibu.ro/
- Hotel On Plonge Jr: https://www.facebook.com/HotelOnPlongeJunior/?locale=ro RO

If you have any difficulties to book a hotel, please inform the organizers Prof. Cristina Dragomir cristinadragomir.umc@gmail.com and Ekaterina Masetkina masetkina@hhu.de

Restaurants in Constanța

Constanta is a multicultural city where you can eat Romanian, Greek, Turkish food and international cuisine. Some ideas:

- Sofra Restaurant: https://hoteloxford.ro/
- Daskino: https://daskino.ro/
- Osteria Gioia: https://osteria-gioia.ro/
- Restaurant Don Corleone, Constanţa, Mamaia, Zona Perla Select: https://corleone.ro/contact/
- Nazzar Turkish Restaurant: https://www.facebook.com/nazzarturkishrestaurant
- On Plonge Jr Restaurant: https://www.facebook.com/HotelOnPlongeJunior/?locale=ro RO
- Reyna Constanta Restaurant: https://www.reyna.ro/





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Sightseeing in Constanța Old town - walking distance

Ovid Square (Piata Ovidiu) (Google Maps)

Constanta - Publius Ovidius Constanta's best known square (and meeting place) honours the first Roman major poet, Ovid (Publius Ovidius Naso). Roman Emperor Augustus exiled Ovid to Tomis in year 8 AD. Tomis was the Greek colony in antiquity, later the city was conquered by the Romans, getting the name of Constantia. Ovid's bronze stature, designed by Italian sculptor Ettore Ferrari in 1887 adorns the square named after him. An exact replica of the statue can be found in the town of Sulmona (Italy), the birthplace of the poet.

• The Roman Mosaics (Edificiul Roman cu Mozaic) (Google Maps)

A vast complex on three levels once linked the upper town to the harbour. Today, only about a third of the original edifice remains, including more than 9,150 sq. ft. of colourful mosaics. Built toward the end of the 4th century AD and developed over the centuries, it was the city's commercial centre until the 7th century. Archaeological vestiges point to the existence of workshops, warehouses and shops in the area. Remains of the Roman public baths can still be seen nearby. Aqueducts brought water six miles to the town.

The Genovese Lighthouse (Farul Genovez) (Google Maps)

Soaring 26 feet, this lighthouse was built in 1860 by the Danubius and Black Sea Company to honour Genovese merchants who established a flourishing sea trade community in the 13th century.

Constanta Casino (Cazinoul Constanta) (Google Maps)

During the 1914 visit to Romania of the Russian Imperial Family, the casino was host to a royal gala. Despite the intended arrangement, Grand Duchess Olga refused the proposed marriage to Prince Carol II of Romania and the Russians sailed away. The Grand Duchess was later killed by the Bolsheviks along with the rest of her family. Completed in 1910, according to the plans of architects, Daniel Renard and Petre Antonescu, Constanta Casino is a stunning art nouveau structure, with Art-Deco accents, perched on a cliffside overlooking the Black Sea. The pedestrian area around the Casino is the city's most popular promenade. The casino is currently under restoration works.

The Tomis marina (Google Maps)

The Tomis marina is one of the famous locations of Constanta for both tourists and locals. Regardless of the season, the Tomis tourist port area is the choice made by those who want to admire the sea, either by car or by a leisurely walk. Access to the port is very easy through a street that descends to the "edge" of the bay, right in the area where luxury yachts and sailing boats "rest". On the waterfront there are numerous terraces and chic restaurants that serve fish dishes.

The House "with Lions" (Casa cu Lei) (Google Maps)





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Blending pre-Romantic and Genoese architectural styles, this late 19th century building features four columns adorned with imposing sculptured lions. During the 1930s, its elegant salons hosted the Constanta Masonic Lodge.

• Constanta Archaeology Park (Parcul Arheologic) (Google Maps)

The park houses columns and fragments of 3rd and 4th century buildings and a 6th century tower.

- St. Peter & Paul Orthodox Cathedral (Catedrala Sf. Apostol Petru si Pavel) (Google Maps) Constructed in Greco-Roman style between 1883 and 1885, the church was severely damaged during WWII and was restored in 1951. The interior murals display a neo-Byzantine style combined with Romanian elements best observed in the iconostasis and pews, chandeliers and candlesticks (bronze and brass alloy), all designed by Ion Mincu and completed in Paris.
- The Great Mosque (also known as the Mosque Carol I of Constanţa) (Google Maps) was built between 1910 and 1912 made of reinforced concrete; it was commissioned by the Romanian King Carol I, after whom it was named. There was already a mosque on the site in 1822. The minaret in the Moorish-style is 47m high and offers a wonderful view of the city.
 - Others: Museum of Archaeology and National History, Art Museum, Museum of Folk Art, Romanian Navy Museum, Dolphinarium

We welcome you to Constanţa and wish you a great conference time!

Organizational Team:

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